Marcia D. Connelly, LAc, Dipl.OM
Live Oak Acupuncture & Healing Arts
6892 B Soquel Ave, Santa Cruz, CA 95062
(831) 818-7051

Download this form to your computer to be able to submit by email. Click the submit button at the bottom when you are done and follow prompts.

Men's Health Assessment:

Name

Date

Please answer the following to the best of your ability.
We appreciate your responses in creating a complete, holistic health assessment.

Place a "C" *in front of* all that applies to your CURRENT state of health
Place a "P" *in front of* all that applies to your PAST health history

___Sleep disturbances/Insomnia ___Upper back pain ___Lower back pain ___Shoulder pain ___Neck pain
___Elbow pain ___Wrist/hand pain ___Ankle/foot pain ___Headaches ____Hip pain ___ Rib pain ___Chronic body pain
___Knee pain ___High stress ____Depression/Anxiety ___Dry eyes ___Dry skin/hair ___ Dry throat ___Hernia(s)
___Thinning hair ___Poor vision ___Anemia ___Digestive complaints ___Nausea ___Constipation ___Diarrhea
___History of surgeries ___History of major illness(es) ___Frequent urination ___Scanty urination ___Crave sweets/salty
___Blood in urine ___Frequent UTI ___Low appetite ___Shortness of breath ____Asthma ___High BP ____Palpitations
___High cholesterol ___Ear ringing ____Poor hearing ___Dizziness ___Chest pain/tightness ___Thyroid disorder
___Night sweats ___Day sweats ___ Low libido ___Excessive hunger/thirst ___BPH ___Infertility ___Fatigue/energy crashes
___Abnormal PSA ___Skin conditions ___STD ___Gallstones ___Erectile dysfunction ____Varicocele ___Testicular trauma
___Testicular infection ___Allergies ___Asthma ___Cold hands & feet ___Chronic infections ___Frequent nightmares
___Tendency to feel too warm/hot ___Fatigue/low energy ___Irritability/rage ____Frequent colds/flues

***Please briefly list ANY MAJOR MEDICAL EVENTS: surgeries, illnesses with Age/Date at which it (they) occurred on this form. If there is not enough space, please continue the list on the back of the form.**

***Please briefly describe your vision of optimal health:**

*Are you interested in taking herbs/supplements? **Yes** **No**

*Are you interested in receiving seasonal newsletters/coupons/email specials? **Yes** **No**

digital signature